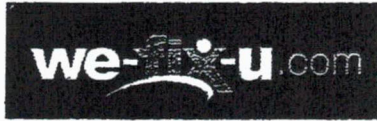


FAXED  
06/02/2020

FAX



We-Fix-U  
Your Physiotherapy and Foot Health  
Centres  
727 William St.  
Cobourg, ON K9A 3A7  
T: 905-373-7045  
F: 905-373-7271  
www.we-fix-u.com

To: Dr. Webster  
Fax number: (905) 377-0926

From: We-Fix-U  
Fax number: 905-373-7271

Date: 06/02/2020

Regarding: Discharge Report

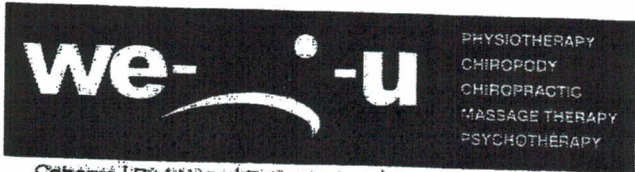
Phone number for follow-up:  
905-373-7045

**Comments:**

Discharge Report (OHIP)

Thanks,

CBRYKIN



YOUR PHYSIOTHERAPY & FOOT HEALTH CENTRES

Cobourg | Port Hope | Peterborough | Oshawa | Bowmanville

**Progress / Discharge Report**

Publicly funded Physiotherapy

Date: 06/02/2020

Patient Name: [REDACTED]

D.O.B.: [REDACTED]

Injury / Problem Treated: Lumbar spine degeneration syndrome

Dear Dr. Webster  
(905) 377-9926

Mr. [REDACTED] is improved in his lower back symptoms; now, he is able to roll over in bed and walk with no pain in his lower back. He has been discharged from the above episode of care with a home maintenance exercise program.

Thank you for your referral.

- ATHLETIC THERAPIST
- CHIROPODIST
- PHYSIOTHERAPIST
- MASSAGE THERAPIST
- CHIROPRACTOR

Health Professional: [Signature]

Baladevaramanian Sundaram, PT

Name: [REDACTED]

Date of Birth: (dd/mm/yyyy) [REDACTED]

Family Physician: AALTA

Today's Date: (dd/mm/yyyy) FEB 6/20

### Roland Morris Questionnaire

When you read the following sentences, you may find that some of them stand out as how you feel TODAY. If the sentence describes you TODAY-put a circle around its number. If the sentence does not describe you, then leave it blank and go on to the next one.

1. I stay at home most of the day because of my back pain.
2. I change my position frequently to allow my back to be more comfortable.
3. I walk slower than usual because of my back pain.
4. Because of my back pain, I am not doing any of the jobs that I usually do around the house.
5. Because of my back pain, I use a handrail to get upstairs.
6. Because of my back pain, I lie down to rest more often than usual.
7. Because of my back pain, I have to hold on to something to get out of an armchair.
8. Because of my back pain, I ask other people to do things for me.
9. I get dressed slower than usual because of my back pain.
10. I stand up only for short periods of time because of my back pain.
11. Because of my back pain, I try not to bend over or kneel down.
12. I find it difficult to get out of a straight-backed chair because of my back pain.
13. My back is painful most of the day.
14. I find it difficult to turn over in bed because of my back pain.
15. Because of my back pain, my appetite is not very good.
16. I have trouble putting on my socks (or stockings) because of my back pain.
17. Because of my back pain, I walk only short distances.
18. I sleep less than usual because of my back pain.
19. Because of my back pain, I get dressed with help from someone else.
20. I spend most of the day sitting because of my back pain.
21. I avoid heavy jobs around the house because of my back pain.
22. Because of my back pain, I am more irritable and bad tempered than usual with people.
23. Because of my back pain, I go upstairs slower than usual.
24. I stay in bed most of the day because of my back pain.

RM:  $\frac{0}{24}$

# YOUR PATIENT RESULTS

Dear Dr. Webster DATE: FEB 6 / 20

Patient Name: [REDACTED] DOB: [REDACTED]

Problem being treated at We-Fix-U: Back

Your patient would like to report to you about his/her treatment results at We-Fix-U.

My PAIN & MOBILITY before starting treatment at We-Fix-U was:

PAIN (normal) 1 2 3 4 5 6 7, 8 9 10 (it really, really hurts!)

MOBILITY (normal) 1 2 3 4 5 6 7 8 9 10 (I can't move an inch)

AFTER 3 weeks of treatment and 6 # of treatments

Today my pain and/or mobility is at:

PAIN (normal) 1 2 3 4 5 6 7 8 ~~9~~ 10 (it really, really hurts!)

MOBILITY (normal) 1 2 3 4 5 6 7 8 ~~9~~ 10 (I can't move an inch)

What can you do now that you could not do prior to your first treatment?

SIT UNDER SNOW  
PUT ON MY SOCKS

Patient Signature: [REDACTED]

Your We-Fix-U Medical Practitioner: BALAJI Sundaram, PT

Practitioner Comments:

PATIENT'S  
IT TOOK LESS TIME THAN I THOUGHT